# About Flexible Living

Flexible Living is an organisation that really understands how to help volunteers gain satisfaction and personal growth from their volunteering experience.

We match and refer people to suitable volunteer positions within CHSP & QCCS funded organisations that support the aged and young people with disabilities to continue living as independently as possible in the community.

#### Our approach

Innovative, responsive and flexible in our approach, we understand that every volunteer is unique. We work with them to support and advocate in a way that gives but never gives up.

#### Our people

If there was one word to describe our people it would undoubtedly be 'passionate'. When you have hundreds of staff and volunteers collectively living and breathing our vales, vision and mission, what you get is something truly special.

#### Our family of organisations

Flexible Living is part of an international family of organisations (Community Services Group) collectively committed to supporting and enhancing the quality of life for the most vulnerable.





# Who Benefits?

## Students

- \* Gain practical experience in the sector while studying.
- \* Volunteering in your chosen field would offset your studies.
- \* Gaining practical experience will strengthen your opportunities towards employment.
- \* Volunteering is recognisable and credible on your resume.

#### Seeking employment

- \* Difficulties gaining employment?
- \* Volunteering is a pathway to employment.
- \* Employment opportunities with aged care and disability sectors are increasing.
- \* Volunteering equips you to demonstrate your abilities and gain experience.

#### **Changing Career Paths**

- \* Helps identify the area in which you would like to work in.
- \* An opportunity to learn more about your chosen career decisions.
- \* Gain valuable experience without the high demands.

#### Funding

Flexible Living Volunteering Service is supported by funding from the Australian Government Commonwealth Home Support Programme and QLD Community Care Services.

# CONTACT US

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# Volunteering Service

Are you looking for a fun and rewarding way to find your preferred career path?

Become a Volunteer?



Our focus in on the empowerment of the individual through respecting decisions and choice making, promoting dignity, developing skills, encouraging independence, integration into the community and respecting the rights and roles of all human beings.

### **Volunteering Service**

Supports Commonwealth Home Support Programme (CHSP) funded programs and Queensland Community Care Services (QCCS) through matching, referring and supporting people into suitable volunteer positions.

Volunteers provide assistance to the care and well-being of elderly people and young people with a disability through engaging in meaningful voluntary roles.

On-going training is provided to assist volunteers in providing optimal care to clients, gaining an understanding of organisational requirements and increasing knowledge and skills in best practices when working in the aged care/disability sector.

Volunteering within the community is self-rewarding as it is beneficial to people in need of community assistance and support.



# What can we offer?

- Assist in offering you a suitable position with services to suit your individual needs.
- Provide various volunteer positions within a large geographical area.
- Offer on-going skilled based training.
- Gateway into paid employment.
- Information and opportunities to gain qualifications.
- Support and mentoring.
- Opportunities to learn about organisational policies and procedures.

## What are the benefits?

- Personal and professional rewards.
- Opportunity for you to learn new skills and enhance your existing skills.
- Build confidence and self-esteem in and out of the work force.
- Be guided by supervision, and to work independently.
- Opportunities in gaining suitable employment.
- Develop and/or enhance your ability to work as part of a team.
- Gaining an understanding of work ethics and requirements.
- Gaining practical skills within a working environment.
  - Enjoy and have fun while learning.

# Why volunteer?

Integrating back into the workforce is not always an easy transition. There are many variables that can prevent a person from obtaining employment.



Supporting identified training needs and practical experience increases the chances of a person's ability to successfully obtain paid work.

Volunteering is globally recognised as a stepping stone into the work force. Each stone represents:

- Stability and structure towards easing people into a working environment.
- Allowing a person to be productive and demonstrate work performances without the pressures of a paid position.
- Identifying the persons level of competency and area of expertise will provide the person with the right tools and experience to sustain a paid position.

