



VOLUNTEERING

It's not what you think.....

Who can Volunteer:

Volunteering embraces people from all walks of life who want to make a difference regardless of education, background or skills.

When you volunteer, you:

- Choose to give your skills and time;
- Help out the community and the not-for-profit organisation you volunteer with;
- Get something out of it for yourself;
- Do it for free; and
- Work in a specially assigned volunteer role.

Things to remember about volunteering:

- It's always a matter of choice;
- It only takes place in the not-for-profit sector;
- It's about participating in the community;
- It's unpaid; and
- It creates positive change.

What can volunteering offer you:

- Opportunity to learn new skills;
- Apply and build on existing skills;
- Job location close to where you live;
- Regular training;
- Meet new people;
- Working in a team environment;
- Diverse range of positions;
- An opportunity to help your community; and
- To have fun.

Positions where we can place volunteers:

- Administration;
 - Community Visitor;
 - Day Respite Assistant;
 - Disability Support Worker;
 - Event Assistant;
 - Meals on Wheels;
 - Shopper Support;
 - Transport;
- and many more!

Which organisations do we support:

We recruit and link people to suitable positions and locations within the aged and disability sector.

These organisations provide a meaningful service by supporting elderly people and young people with a disability to continue to live independently in the community.

Aged and disability organisations are able to function at a high level due to having wonderful volunteers who help them to deliver their services.

Without a diverse network of volunteers, services to those in the aged and disability sector would be reduced and while services would become redundant.





Flexible Living
Volunteering Service

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What does it involve:

1. Consideration

Ask yourself the following questions when thinking about volunteering:

- Why do I want to volunteer?
- What days do I have free to volunteer?
- How much time can I give to volunteering
- How can volunteering fit in with my commitments?

2. Application

If you are interested in volunteering you can complete and submit an Expression of Interest Form located at

www.flexilivingvolunteer.org.au

or, alternately, you can email us at

volunteer@flexiliving.org.au

3. Placement

An interview will be conducted to match you to a suitable volunteer position in an aged and/or disability organisation in the location you prefer.

4. On-going Training

Our service also provides on-going skills-based training to all volunteers during their employment with an aged and/or disability organisation.

Volunteer Training:

Our service provides opportunities for volunteers to access free quality based and educational training to build confidence, skills and knowledge, when working in the aged care and disability sector.

Our aim is to achieve training and/or learning outcomes to help volunteers gain satisfaction and personal growth from their volunteering experience.



About Us:

We are part of a national family of organisations (Community Services Group) collectively committed to supporting and enhancing the quality of life for the most vulnerable in our community.

Our service understands how to help volunteers gain satisfaction and personal growth from their volunteering experience; by matching and referring people to suitable volunteer positions within aged and disability organisations who support the aged and young people with disabilities continue to live as independently as possible in their community.